Peers Rising Datasheet

Template created by KCPHD

Instructions: Please provide a brief summary of progress made for each activity below for the CURRENT REPORTING QUARTER. This summary should include key points, stay on topic, and be simple enough for those who arent familiar with your project to understand.

	Q1 2026	Q2 2026	Q3 2026	Q4 2026	Q1 2027	Q2 2027	Q3 2027	Q4 2027
Facilitate workshops	Planned and scheduled for Q2. 988 Lunch and Learn in May and Youth Mobile Outreach Lunch and Learn in June	We had the 988 Lunch and Learn planned for May but unfortunately had to cancel last minute due to scheduling conflicts with the presenter. The Youth Mobile Outreach Lunch and Learn was in June but sadly we didn't have any attendance so we've rescheduled for the school year.	988 was present in the office to do a presentation.					
Expand youth programs	Created a collaboration with Apoyo for food assistance for youth participants, joined Handle with Care program to support youth and families in the county, had more staff join the Community Engagement Board to support students across Ellensburg School District as well as Cle Elum/Roslyn School District.	Started outdoor biweekly Wednesday events to get the teens out in local parks engaging in activities.	Finished the outdoor biweekly Wednesday events to get the teens out in local parks engaging in activities.					
Support groups	None at this time. Scheduled to begin in Q2.	None at this time. Planning and program organization started.	None, set to begin November 2nd					
Involvement and coordination of community events	Planning the Youth Summer Kick Off with community partners, partnered with Community Builders in Cle Elum for a Valentine's Day Party, Planning seperate Summer BBQ events with Apoyo and Community Builders to celebrate the the end of the school year, attended resource fairs andb tabling events like EHS Resource Fair, CWU Law and Justice Career Fair, CWU Involvement Fair, etc.	Attended and helped put on the Youth Summer Kick Off with other community partners. Held a summer BBQ with Apoyo called the Splash Bash which included waterbaloon fight, food, raffle prizes, etc. and attended the Community Builders BBQ to celebrate the the end of the school year in upper county.	Back to school event, we invited network partners to come participate and engage with our teens.					
Develop advocacy and awareness campaigns	None at this time	Shared social media campaigns all May for Mental Health Awareness Month.	Shared social media campaigns throughout August and September					
Hire additional staff	None at this time	None at this time.	None at this time.					
Expand available services in our three Peers Rising hubs	Increased availability for assistance on services such as utilities, school supply support, food assistance, clothing and hygiene assistance.	No expansions this quarter, continued providing assistance on services such as utilities, school supply support, food assistance, clothing and hygiene assistance.	No expansions this quarter, continued providing assistance on services such as utilities, school supply support, food assistance, clothing and hygiene assistance.					
Staff training and Development	Addressing Veteran Substance Use: Promoting Recovery Through Collaboration and Compassion, Prevention Science Foundations: An Overview of the Risk and Protective Factor Framework, Prevention Across the Lifespan: Promoting Healthy Relationships with Children, Youth and Young Adults: Youth Mentoring for Children and Adolescents, Enhanced Prevention Learning Series (EPLS): Prevention Basics, and Introduction to Substance Abuse Prevention: Understanding the Basics.	Trauma Informed Care. Staff under went a complete restructuring of the peer/participant tracking programing as well as policies and procedures of the program. Scheduled and registered to attend future training opportunities for the prevention team for Q3.	Counselor Camp, Leadership Training, Ethics training, Prevention Ethics. Scheduled and registered to attend future training opportunities for the prevention team for Q4.					

	Q1 2026	Q2 2026	Q3 2026	Q4 2026	Q1 2027	Q2 2027	Q3 2027	Q4 2027
Coordinate community outreach, engagement, and promotion	Outreach with teens and follow up on referrals from probation and recent community engagement boards, partnered with Big Picture School by allowing a space for students to teach about healthy relationships. Continued involvement in the Ellensburg Police Department Handle with Care Program, as well as coalition meetings, participation in community engagement boards, high school resource fair, resource fair and tabling at the college. Maintained partnerships in planning Q2 events such as Easter Egg Hunt, Youth Summer Kick Off, end of school year barbecues in both Cle Elum and Ellensburg.	Outreach with teens and follow up on referrals from probation and recent community engagement boards. Continued involvement in the Ellensburg Police Department Handle with Care Program, as well as coalition meetings, participation in community engagement boards, high school resource fair, resource fair. Continued to plan and participate in the preparation of the Overdose Awareness Day celebration. Maintained partnerships in planning Q3 events such as End of summer Cle Elum BBQ.	Outreach with teens and follow up on referrals from probation. Continued involvement in the Ellensburg Police Department Handle with Care Program, as well as one coalition meeting, college resource fair. Participated in the preparation of the Overdose Awareness Day celebration. Maintained partnerships in planning of Q4 Events.					
Provide referrals for behavioral health screenings	Stands as a point of referral for behavioral health screenings to various entities such as comprehensive, merit resource services, and CWU phsycologial services.	Stands as a point of referral for behavioral health screenings to various entities such as comprehensive, merit resource services, and CWU phsycologial services.	Stands as a point of referral for behavioral health screenings to various entities such as comprehensive, merit resource services, and CWU phsycological services.					
Implementing early intervention programming	None at this time	None at this time	None at this time					
Partner with healthcare providers	Maintained and built new reltionships with community partners in order to continue a seemless referal process in the Kittitas County area.	Maintained reltionships with community partners in order to continue a seemless referal process in the Kittitas County area.	Maintained reltionships with community partners in order to continue a seemless referal process in the Kittitas County area.					
Expand availability of crisis services	Maintained and built new reltionships with community partners that provide crisis services in order to continue a seemless referal process in the Kittitas County area.	Maintained reltionships with community partners that provide crisis services in order to continue a seemless referal process in the Kittitas County area.	Maintained reltionships with community partners that provide crisis services in order to continue a seemless referal process in the Kittitas County area.					
Hire Peer Support Specialist	Not at this time.	Not at this time.	Not at this time.					
Winter supply distribution	Upon request we have supplied winter coats, hats, gloves, and beanies. As well as helped families with heating for their RV by supplying propane, and warmer clothing for the winter months.	None supplied this quarter	None supplied this quarter					
Direct aid distribution	We have provided assistance with food, school supplies, clothing, hygiene items, vital documentation, one time utility payments, access to propane for heat.	We have provided assistance with food, school supplies, clothing, saftey items (helmets), hygiene items, vital documentation, one time utility payments.	We have provided assistance with food, school supplies, clothing, hygiene items, vital documentation, one time utility payments.					
Evaluation and reporting	None at this time	None at this time	None at this time					

Peers Rising Successes

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Instructions: Please provide a brief summary of successes you've seen during the CURRENT REPORTING PERIOD. This summary should include key points, stay on topic, and be simple enough for those who arent familiar with your project to understand. Each success needs to have its own cell.

Q1 2026	Q2 2026	Q3 2026	Q4 2026	Q1 2027	Q2 2027	Q3 2027	Q4 2027
Through dedicated support efforts, we were able to assist a family during the cold winter months by addressing some of their most immediate basic needs. Our organization provided warm clothing, essential hygiene items, and propane to help keep their trailer heated during harsh weather conditions. This support not only helped ensure the family's safety and well-being but also demonstrated the importance of compassionate, community-centered assistance during times of hardship. By meeting these critical needs, we were able to offer stability, comfort, and hope during a challenging season.	During the current reporting period, we provided peer support services that helped participants feel heard, supported, and connected. We created a safe, welcoming environment where individuals could build trust and develop healthy relationships. Through educational discussions, participants learned new skills, gained practical knowledge, and explored new concepts and perspectives that support personal growth, resilience, and informed decision-making.	A teen in our community has made meaningful steps toward recovery and continues to demonstrate the importance of having accessible, supportive resources. Throughout the week, he has made multiple visits to our office to access basic nutritional assistance and utilize our space as a safe, welcoming environment. Having a place where he can receive support without judgment, meet basic needs, and feel connected to caring individuals provides an important layer of stability as he continues working toward recovery. His story highlights that sometimes making a difference isn't about one big intervention; it's about consistently showing up, meeting people where they are, and ensuring they have a safe place to turn when they need it most. Our office has become one of those places for him.					
Through supportive engagement and prevention-focused efforts, several teens felt empowered to openly discuss their struggles with vaping and their desire to make healthier choices. By creating a safe and supportive environment, these youth were able to access encouragement and resources to support their goals of quitting. As a result, some participants successfully achieved 30 days vape-free, demonstrating increased resilience, personal commitment, and positive behavioral change. Their progress highlights the impact of providing compassionate support and effective prevention strategies for youth facing substance use challenges.	During the current reporting period, we provided prevention education and peer support that helped teens navigate stress, personal challenges, emotional triggers, and difficult situations in a safe and supportive environment. Youth learned healthy coping strategies, explored responses such as fight, flight, and freeze, and received support through moments of struggle and setbacks. We also encouraged positive activities, outdoor engagement, and healthy peer connections to promote confidence, resilience, and overall well-being.	A teenage girl who is new to recovery began using our space as a safe place to spend time in town while waiting for scheduled meetings and other commitments. Throughout the summer, she consistently visited our office multiple times a week, allowing her to build connections, establish a sense of belonging, and have a supportive environment during an important time in her life. While utilizing our space, she also took the initiative to complete credit retrieval, demonstrating her commitment to both her recovery and her education. Her story highlights the importance of providing youth with safe, accessible spaces where they can build positive relationships, work toward personal goals, and find support as they navigate new chapters in their lives.					

Peers Rising Challenges

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Instructions: Please provide a brief summary of challenges you've seen during the CURRENT REPORTING PERIOD. This summary should include key points, stay on topic, and be simple enough for those who arent familiar with your project to understand. Each challenge needs to have its own cell.

Q1 2026	Q2 2026	Q3 2026	Q4 2026	Q1 2027	Q2 2027	Q3 2027	Q4 2027
A challenge we have recently experienced has been to find a reputable, cost effective and effective evidence based life skills program to adopt for our center due to the numerous programs out there. One of the ongoing challenges we have faced is addressing community perceptions and misconceptions surrounding our organization.	During the current reporting period, we experienced a significant decrease in teen attendance following the release of school for summer break through the end of June. The transition from a structured school schedule to summer activities created challenges in maintaining consistent engagement and participation. We continue to explore strategies to increase outreach, strengthen connections with youth, and create engaging opportunities that encourage teens to remain involved during school breaks.	One of our biggest challenges during the summer was maintaining consistent teen attendance and engagement once school was out. Without the structure and routine that the school year provides, it became more difficult to encourage youth to regularly access our space and participate in activities. We also faced challenges keeping teens engaged in positive, healthy activities and encouraging them to spend time outdoors and connect with their peers. Summer highlighted the importance of having consistent programming, accessible resources, and opportunities for youth to stay connected to safe, supportive adults and their community.					
Due to the recovery and prevention work we provide, there is often a stigma attached to our organization, which can create barriers to community understanding, support, and engagement. Overcoming these challenges requires continued education, outreach, and relationship-building to foster greater awareness of the positive impact our work has on individuals and the community as a whole. One of the ongoing challenges we have faced is addressing community perceptions and misconceptions surrounding our organization.	During the current reporting period, we experienced challenges encouraging teens to participate in outdoor activities and active programming during events. Many youth were more comfortable engaging in indoor activities and screen-based entertainment, making it difficult to motivate participation in physical recreation and community-building activities. We continue to focus on creating fun, inclusive opportunities that encourage movement, social connection, and healthy engagement while meeting teens where they are.						

Peers Rising Output Data

Template created by KCPHD

Instructions: Please provide updated numerical data for each of the following outputs for THE CURRENT QUARTER. Please do not use a year to date count.

	Q1 2026	Q2 2026	Q3 2026	Q4 2026	Q1 2027	Q2 2027	Q3 2027	Q4 2027	Total to date	Average
a1. Number of unique individuals exposed to public awareness campaigns and messages	0	706	163						869	289.6667
a2. Number of public awareness campaigns and messages	0	22	32						54	18
b1. Number of unique individuals who have demonstrated improvement in knowledge, attitudes, or beliefs related to prevention and/or promotion	6	10	3						19	6.333333
b2. Percentage of unique individuals who have demonstrated improvement in knowledge, attitudes, or beliefs related to prevention and/or promotion	20%	25%	10%							0.183333
c. Number of policies developed and implemented as a result of the grant	0	4	0						4	1.333333
d. Number of organizational changes made to support improvement	1	5	0						6	2
e. Number of new staff hired	0	0	0						0	0
f. Number of unique individuals trained in prevention or behavioral health promotion	2	2	2						6	2
g. Number of unique individuals trained in trauma-informed care practices	2	2	2						6	2

	Q1 2026	Q2 2026	Q3 2026	Q4 2026	Q1 2027	Q2 2027	Q3 2027	Q4 2027	Total to date	Average
h. Number of unique individuals receiving or participating in evidence-based behavioral health-related services as a result of the grant	0	0	0						0	0
i. Number of unique individuals screened for behavioral health or related interventions	0	0	0						0	0
j. Number and percentage of unique individuals accessing services after referral	0	0	0						0	0
k. Number of unique individuals referred to crisis or other behavioral health services for suicide risk, ideation, or behavior	0	0	0						0	0
l. Number of unique individuals trained in suicide risk assessment as a result of the grant	0	0	0						0	0
m. Number of unique individuals screened for suicide ideation as a result of the grant	0	0	0						0	0
n. Number of unique individuals screened for trauma-related experiences as a result of the grant	0	0	0						0	0
o. Number of organizational changes made to support improvement	1	5	0						6	2
p. Number of new staff hired	0	0	0						0	0
q. Number of unique individuals trained in prevention or behavioral health promotion	2	2	2						6	2
r. Number of unique individuals trained in trauma-informed care practices	2	2	2						6	2